

Parishes Together Fund Evaluation Form

This form must be completed by the lead parish or town council for the project and must be submitted by the deadline stated.

Section A: The basics

1. Name of the lead town or parish council:

Ottery St Mary Town Council

2. Please list all of the town and parish councils involved:

Ottery St Mary Town Council; Aylesbeare Parish Council and West Hill Parish Council

3. What was your project in brief:

To support OSM Help Scheme in its project 'Mental Health Support for Young People' within the Coleridge Medical Centre catchment area

Section B: Finance

4. What was the total cost of your project?

£25,000

5. How much of the money came from the Parishes Together Fund?

£8364.40

6. Has all the funding from the Parishes Together Fund been spent on your project?

- Yes
- No - If no, please get in touch as any unspent funding needs to be returned to us.

7. If the Parishes Together Fund did not pay for the whole project, where did you get the rest of the money to pay for it?

Give details of the amounts of funding and where it came from.

Rest of funding provided for by a legacy to Ottery Help Scheme and from the Ottery and District League of Friends

8. Were there any in-kind contributions to the project? If so, please give details below:

For example non-monetary contributions such as volunteering time, lending equipment.

Volunteers have attended the weekly sessions.

Section C: The results

9. Do you have any photographs of the project?

Before, during and after the project is carried out.

- Yes - please send accompanying photographs to jbuckley@eastdevon.gov.uk
- No - we do ask that photographs are sent of each project. If you applied for and are receiving Communities Together Fund monies in 2019, please make sure you take photos.

10. Do you have any other documents or evidence of success?

- Yes - please send accompanying documents and evidence to jbuckley@eastdevon.gov.uk
- No

11. How has the community benefitted, or how will the community benefit from your completed project?

Please give as much detail as possible, as this in particular provides the evidence we need to keep the funding going for you.

Over the course of the year, 19 young people have been involved in the project engaging in a range of different activities including mindfulness, cooking skills, analysing sleep patterns and creative activities. Each session has included an emphasis on peer-based learning and support. The young people have also had access to 1:1 support with a staff facilitator if more individualised support was needed. Feedback from young people includes: "I really enjoy doing the craft and being able to go somewhere where I don't feel judged and everyone is really supportive." "I feel I can talk openly to staff. I like being with other people with similar experiences so I don't feel alone" and "I really enjoy doing the craft and being able to go somewhere where I don't feel judged and everyone is really supportive. I feel I can talk openly to staff. I like being with other people with similar experiences so I don't feel alone." The Warwick and Edinburgh survey has been used at the start of the project and will be repeated with participants to act as a comparison/evaluation tool (the second part of this survey has not been completed yet)

12. Was your project:

- Working alone on a drainage and ditches project - please move onto question 14
- Working together with other town and parish councils

13. How has the project involved town and parish councils working together?

Please give as much detail as possible, as this in particular provides the evidence we need to keep the funding going for you.

The project has attracted participants from across the Coleridge Medical Centre's geographic area including from the villages surrounding Ottery. Advertising for the project has been across this geographic area using flyers and posters, as well as more widely using social media. When the full year's evaluation is completed, we will be asking our delivery partner, Action East Devon, to circulate the report to local town and parish councils and we will be asking for their feedback and ideas on how the service could be further developed/tailored to meet the needs of the local young population.

14. Did you face any obstacles to completing your project?

- Yes
- No - please move onto question 16

15. Please tell us about the obstacles that you faced:

Recruitment onto a mental health project often poses problems and has to be approached sensitively. Getting the wording right on any flyers/posters is a really important aspect to consider and can affect the recruitment/referral process greatly. Headlight worked closely with its peer groups in other areas of East Devon to develop publicity and to initiate a rebrand (from The Project to Headlight). Referral routes can take time to establish, particularly when you are working with a variety of different organisations and different staff members within those organisations. These tend to be obstacles at the beginning of these types of projects.

16. What is the future of the project or work? (if relevant)

For example how will it be funded in the future if it's an ongoing project.

The project delivery partner, Action East Devon, has secured funding from the Big Lottery Reaching Communities Fund and Comic Relief to continue the work being done in Ottery (and other parts of East Devon) for the next 5 years.

17. Please give details of any media interviews, press reports, newsletter articles etc about your project:

Please note as you agreed in the grant offer letter, all publicity about the project should credit funding from Parishes Together Fund and support from Devon County Council and East Devon District Council.

Articles have appeared in East Devon 24, the Sidmouth Herald, the Healthwatch Devon website, school information newsletters as well as being advertised widely on social media.

Thank you for taking the time to complete this form.

Please click on the 'submit' button below to send your answers to us.